



## Professional Resources

NJ Department of Health (Healthy Schools)

Shape of the Nation Report

ESSA (Every Student Succeeds Act)

Supporting QPE & QPA (CDC)

Supporting Recess (CDC)

Comprehensive School Physical Activity Program CSPAP

NJDOE SGO PE Exemplar

NJAHPERD Sequential Guidelines for K-12 Physical Education and Chart

Sequential Guidelines References

Professional Development Opportunities

The Fall and Rise of Physical Education

SHAPE America Resources

Physical Education Program Checklist

Essential Components of Physical Education